

Children, even the very young, often understand much more about death than adults realise. Children need to be included in the grieving process; otherwise they may be confused and anxious and feel that adults are minimising their loss. When a baby dies, children often experience a double loss, the loss of their brother or sister and the temporary loss at an emotional level of their devastated parents.

These leaflets may help to explain feeling of loss and grief to a child.

- [Telling your Children](#)
- [My Baby Brother/Sister has died](#)
- [For Teachers](#)