



Black & white photographs are beautiful



Twins & Multiple births/deaths

If your baby who has died is a twin, try to take photographs of both twins together or combinations of the suggestions on previous pages. These photographs are not only precious to parents but also to the surviving twin.



This leaflet was put together to provide you with gentle helpful suggestions as to how to create beautiful pictures of your baby. It is not intended to put any pressure on you to do so but to encourage you to consider ideas that you may not have considered.

As one parent said *"we were on a road with no maps and did not know the way to go or what to do, with tender guidance we found the courage to take precious pictures in the precious time we had."*

Photograph on front and brother & sister photograph on the inside of this leaflet courtesy of Simon Smith-Murphy. No reproduction allowed unless permission sought from Smith-Murphy Family through ALLF.. Other photographs individual contributors and istock images.



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(Leaflet Precious Pictures)

Precious Time Precious Pictures



*A Gentle Guide To Taking Photographs
Of Your Baby*

We cannot stress enough the importance of photographs as tangible reminders of your baby. The pictures shown here are intended to show you, supportive and caring ways of taking pictures of babies who have died. The pictures in this leaflet were not taken by professional photographers. They were taken by parents, family members, friends and hospital carers. It is our hope that this tender guide will help you create more precious memories in the short time you have with your baby. It may be helpful to consider different types of pictures that can be taken. It is really important and very precious to have photographs of you and your baby.

Some parents have shared with us that they feel uncomfortable having photographs of their stillborn baby on display at home. A suggestion that has often helped is to have a close-up of some of your baby's tiny features ie. ear, nose, hand, foot. These photos can really look so beautiful and can also be very comforting to parents whose baby has a development problem or condition or tiny premature babies. Black and white film also gives a subtle variation on photographs and are very useful where the baby's skin may be slightly flaked.



A tight close up of baby's face, hand, ear, nose, foot, toes

Your hand holding your baby's foot

Consider the following ideas-

- Your finger in your baby's hand. Mother and Father holding baby's hand separately and all three together.
- Your baby holding personal rings such as wedding/eternity bands.
- Your baby wrapped in a soft, coloured blanket –clothed or unclothed
- Warm colours for blankets, pillows or back grounds can make a great difference to the appearance of your photographs. White is beautiful but it can be very harsh in photographs.
- Your baby lying on his/her tummy, head turned, hands by his/her head.
- Your baby lying up on your shoulder.
- Your baby with a teddy or soft toy in background.
- You might also consider taking pictures of your baby with nurses and/or doctors who cared for him/her. These carers were part of your baby's little lifetime and photographs taken with them can also become very important to you afterwards.

Your baby being cradled by grandparents or other loved one.



Your Baby being cradled by brothers and/or sisters



It may be difficult for you to consider taking pictures of your baby with your other child/ children but they can be very important to brothers and/ or sisters when they begin to understand what has happened at a later stage. Even the youngest children want to feel included and usually appreciate that they were given the opportunity to be part of their little brother or sister's short life.

